

# SigEp Mom's Club

Cal Delta Chapter of Sigma Phi Epsilon at San Diego State University

## Announcing the SigEp's Mom's Club!

Sept 2011  
Issue 1

Welcome to the new SigEp Mom's Club at San Diego State University!

The lazy days of summer are behind us. School's back in session at SDSU and our sons are waking up before the crack of noon to get dressed, forge for food, attend classes and build a lifetime brotherhood with their fellow fraternity brothers of SigEp!

As a mom, I'm excited my son has joined this particular fraternity. It's well known in the Greek system that SigEp is a different kind of fraternity. One that has different ideals that our sons benefit from. One that promotes higher learning and centers on the values of Sigma Phi Epsilon; Virtue, Diligence and Brotherly Love.

It's worthy to repeat these ideals...**Virtue, Diligence and Brotherly Love.** These are the qualities that we mothers pray are rooted deep in our sons. Having a close brotherhood with other young men who share these same important values is essential. I think we all agree that our son's have found a wonderful home with SDSU's SigEp fraternity.

The old saying "A mothers work is never done" still holds true even when our son's are away at college! The Mom's Club is designed to support the fraternity through acts of service and events held at the fraternity house and other locations around San Diego State. Through this Mom's Club, we hope to add a

"mother's touch" to the everyday life of our sons. There's so many ways we can give support...from sending surprise notes and care packages, to collecting essentials needed for the new fraternity house, to buying items on the fraternities "Wish List". We Moms can make a huge difference in the lives of our sons!

**Please join me in getting actively involved with your son's fraternity through this Mom's Club.**

Read on to see what great ideas we have in store for all Moms (and Dads too)! Together, we can build a strong alliance that is both fun and benefits our boys!

Blessings,

Janice Williams  
Acting President  
[janicewilliams@pacbell.net](mailto:janicewilliams@pacbell.net)

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**SigEp  
Values:**

**Virtue,  
Diligence  
and  
Brotherly  
Love**

## What's a Mom to Do?!

Did you know the new SigEp house renovation is scheduled to be complete by the end of October? We asked the SigEp Leadership group what the Mom's Club can do for this new abode and boy, did they get excited! Here's a short list of the items they'd like to have contributed...new or gently used...all are appreciated!

- Silverware/plates/bowls/mugs
- Cups/glasses/tumblers
- Pots/pans/stock pots/strainer
- Baking sheets/cupcake pans
- Measuring cups/mixing bowls
- Hot pads/towels/cloths
- Knives/spatulas/tongs, serving utensils/peelers
- BBQ (on Wish List)/BBQ tools
- Coffee pot/blender/toaster
- Vacuum/broom/dust mop
- First aid kit/cleaning supplies
- Kitchen timer, storage jars/etc
- Grater/leftover containers
- Serving platters/bowls/etc
- Fruit bowl/cutting boards/etc
- Pyrex/oven/m-wave cookware
- Anything else you can think will help furnish the new kitchen!!!

## Schedule of Events for the Fall

We understand that not every Mom can participate at every event every time. That's why we're giving lots of notice to our Mom's by sending the Fall schedule early. We look forward to as many Moms participating as possible.

### September:

- **All Month Long** - Collect new or gently used household items. Send them back with your son or bring them with you to Family Weekend Oct 29-30
- **Sept 17** - Mail Rush "Care Packages" and an encouraging note to your son by Sept 17 so they receive these during Rush on Sept 19<sup>th</sup> or 20<sup>th</sup>
- **Sept 19/20** - The Mom's Club will be surprising the Rush Cabinet with midnight pizza (shhhhh, don't tell!). The Rush Cabinet is in charge of final selection the next generation of SigEp's!
- **As Soon As Possible** - Please send in your \$30 dues! Please read the article below for more information. Thank you for your help making this a great Mom's Club!

### October:

- **All month long** - Continue collecting new or gently used household items. Send these to your son or bring them with you to Family Weekend.
- **As Soon As Possible** - Send in your \$30 dues if you haven't done so already!
- **Oct 29-30- Family Weekend.** This is when our Mom's Club comes alive with several BIG EVENTS! Please refer to the article on page 3 for all the details of this fun weekend!
  - o 12:30-3:00 - Donor, Alumni and Family - House Tour and BBQ Celebration!
  - o 3:00-4:00 First Mom's Club Meeting - at SigEp House
  - o 5:30'ish Take trolley over to the Football Game! Let's cheer the SDSU Aztecs on to a victory over Wyoming!

**The SDSU SigEp Mom's Club is a great way to stay involved with your son, the SigEp Fraternity and other SigEp Moms!**

### November:

- **All month long** - Adding a "Mother's Touch" to the new Fraternity House is a huge part of our first semester goals! In November, please start collecting and sending in new or gently used Holiday decorations, both Thanksgiving and the December Holidays!

### December:

- **Dec 10-17** Ladies, start your ovens! This month we'll be baking up a storm for our boys in an effort to make their finals week go smoothly! The Mom's Club is encouraging you to send Care Packages filled with lots of goodies your son will love!

### Get ready for Spring Semester:

- Based on the planning done during our first Mom's Meeting on Oct 29, we will continue to send out the newsletters/communication to all Moms' Club members announcing our Spring plans! Stay tuned...

## How Can We Afford This?

After the exciting discussion about what the SigEp Mom's Club can do to help the fraternity, the subject turned to how to afford all these great ideas. While researching the other Mom's Clubs across the nation, we discovered that each Mom's Club has yearly dues of between \$25 - \$45.

We agreed on dues of \$30 for each Mom's Club members in an effort to finance the activities and to buy

a few of the "Wish List" items for the fraternity.

To get things started, the Alumni of

**Mom's Club dues are \$30 per year. The money will finance the activities of the Club and buy "Wish List" items for the new fraternity house!**

Sigma Phi Epsilon have offered to donate \$200 which was then matched by the fraternity! Wow! We have \$400 to help our son's and we just got started! Please send in your \$30 dues today so we can do even more!

**Please make checks payable to: Sigma Phi Epsilon**

And mail to:  
Janice Williams  
2119 Eastom Way  
Fallbrook. CA 92028

## Oct 29-30 - Family Weekend Schedule

This year, Family Weekend will be packed with a kick-off meeting and exciting social events at the newly completed Fraternity House. The Grand Opening is scheduled for Family Weekend!! We hope most of our families can attend. Please e-mail Janice if you can help set up for the event on Sat, 10/29. Thank you in advance for your help!

Topping the Fraternity's "Wish List" was a request for a new BBQ that is large enough to handle the needs of our very large group of young men. We are hoping to acquire this via a donation if possible. Please e-mail Janice ASAP if you can provide this valuable donation. If needed, the Mom's Club will buy a new one and sweet-talk our husbands into assembling it! No matter which way we acquire it, this BBQ will be a great addition to the new Fraternity House.

We've asked the SigEp Leadership what they'd like the Mom's Club to plan over the Family Weekend and here's what they came up with:

**Sat, Oct 29 12:30- 3:00pm – All-Family "Grand Opening" House Tour and Tailgate Party!** Meet at the Fraternity House for a Grand Opening tour as well as fellowship with the fraternity, SigEp Alumni and all the other family members! The Mom's Club will be hosting a BBQ complete with hot dogs, burgers and all the fixins! RSVP to Janice for the Tour/BBQ so we can get a headcount. No need to count your SigEp son, as the entire fraternity will be there too!

This is a great time to get to know your son's brothers and their families. We look forward to seeing you there!

**Sat, Oct 29, 3:00-4:00pm – First Mom's Club meeting.** Join the other SigEp Mom's Club members at the new Fraternity House to discuss the Club's goals, plans for the school year and elect officers. If you haven't done so, please bring your \$30 dues and your collection of new or gently used items for the house. We look forward to having as many Moms' as possible participate!

**Sat, Oct 29 5:30'ish – Aztecs vs. Cowboys** - We'll head over to the stadium on the trolley for the football game as our SDSU Aztecs take on the Wyoming Cowboys! Please RSVP to Janice if you're coming to the game and how many family members need tickets (please indicate # of adults and # of children). We'll coordinate buying our tickets so we can all sit together in one section.

## How Can I Help the Mom's Club?

As this Mom's Club is just beginning, there are LOTS of opportunities for each and every Mom to help! Here are some of the ways we encourage you to be involved in the SigEp Mom's Club and affect your son and his brothers in a positive way:

**Send in Your \$30 Dues** – Getting started will mean spending some money and we hope every Mom will participate by paying the dues.

**Volunteer to set up for Family Weekend** – We need several Mom's (and Dad's) to set up for the events on Oct 29.

**"Get involved in the SigEp Mom's Club any way you can! From serving as a Club Officer to sending Care Packages, it all has a positive affect on your son. "**

**Run for an Office** – We will be electing Officers at the Oct 29 meeting. These positions include: President, Vice President, Communications, Treasurer, and 2-3 Family Weekend Coordinators

**Please e-mail Janice ASAP to volunteer for these opportunities. Thank you in advance for your support!**

## Executive Leadership at SigEp

Remember when you had to say "Because I'm the Mom"? After a string of pubescent questions challenging each decision you made and instruction you gave, sometimes that was the only answer left! Now that your son has gone to college, who's influencing him?

Here's an overview of a few of the SigEp Executive Leadership Members:

**Ron Smith** – Chapter Counselor for Cal Delta Chapter. Ron is extremely active with the SigEp Executive

Leadership and the Alumni Association.

**Davin Heaton** – President, Senior, majoring in Civil Engineering and is from Pleasanton, CA

**Andrew Ford** – VP of Programming, Junior, majoring in Hospitality and Film and is from San Diego, CA

**Christopher Capes**-VP Member Development, Junior, majoring in Television and Film Media and is from Kent, WA

**Barak Alon**-VP Communications, Junior, majoring in Mechanical Engineering and is from Woodland Hills, CA

**Kevin Buck**-VP Recruitment, Senior, majoring in Marketing and is from Laguna Beach, CA

**Tyler Stearns**-Chaplin, Senior, majoring in Finance and is from Valencia, CA

**Kenneth Higgins**-VP Finance, Senior, majoring in Finance and is from San Diego, CA

## Contact Information:

### Mom's Club Acting President:

#### Janice Williams

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### Chapter Advisor

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**Check us out on-line!**

[www.sigepcaldelta.com](http://www.sigepcaldelta.com)

## Did You Know the SDSU SigEp Fraternity...

- Has had the highest Fraternity GPA for the last 11 semesters? Last academic year, this GPA was 3.06!
- Is the largest Fraternity on campus with 155 members during the 2010/2011 school year?
- Has won the coveted "Buchanan Cup" 3 times in a row? This prestigious trophy is awarded to the top 15% SigEp fraternities in the US by the National Sigma Phi Epsilon Fraternity. Ask your son about this high honor awarded to his fraternity!
- Has a Leadership Development Program called "The Balanced Man"? In this program, our son's are exposed to leadership, experiential learning, personal development, mentoring, and other positive activities that focus on a core of universal respect and balanced living.
- Supports their philanthropy called LHON (Leber's Hereditary Optic Neuropathy), a disease which affects a small percentage of the population, including a fellow SigEp brother, causing degenerative blindness?
- The Creed is "I believe in the American college fraternity. I believe in Sigma Phi Epsilon. I believe in this Fraternity because it would have me strive in every way to live up to the high principles for which it stands. These are Virtue, Diligence, and Brotherly Love."
- Is excited for the success of this new Mom's Club?!

## Meet Ron Smith - Chapter Counselor and Alumni

Dear Moms,

Welcome to SDSU and the Cal Delta Residential Learning Community, Sigma Phi Epsilon! My name is Ron Smith and I work with the Chapter members as their Chapter Counselor. The Chapter Counselor works directly with the Chapter Leadership and members to help them have a more successful and meaningful fraternity experience. An alumnus of SDSU, I joined SigEp in the fall of 1965. I hold a Bachelor of Arts degree in Psychology and a Masters degree from SDSU and spent 33 years working in the Escondido Union School District

as a teacher, Assistant Principal and Elementary Principal. I retired in 2008 from Bernardo School, where I served as a founding Principal.

I met my wife of 40 years, Molly, during my time in the fraternity, as well as some of my best friends in life. I started my interest in effective leadership during this time by getting involved in Chapter leadership and trying to emulate the best and most effective leaders in our Chapter and on our campus.

Speaking for all Cal Delta Alumni, it is our hope that your sons have a similar positive experience. Our mission is to

guide and sustain the chapter so that this can happen. If you ever have questions or concerns about your son or Chapter activities, I hope that you will contact me, using the information provided above.

Thank you for your support. Your sons are truly amazing and we look forward to their many successes and happy memories.

I look forward to meeting as many of you as possible during the upcoming events during Family Weekend on October 29.

All the Best,

Ron